

Fresh fruit, bread,
milk, squash & yoghurt
available daily

Eastgate Academy Hot Dinner Menu 2021

	Week 1 Weeks commencing: 8/3, 19/4, 17/5, 21/6, 19/7	Week 2 Weeks commencing: 15/3, 26/4, 24/5, 28/6	Week 3 Weeks commencing: 22/3, 3/5, 7/6, 5/7	Week 4 Weeks commencing: 12/4, 10/5, 14/6, 12/7
Monday	Hot Dog Vegetarian Hot Dog (v) Spicy Jacket Wedges BBQ Beans & Salad Blueberry Muffin	Kugelis Beans & Peas Crusty Bread Chocolate Crunch Biscuit	Cheeseburger Herby Potatoes Salad & Coleslaw Fruit Muffin	Sausage Roll Cheese & Onion Roll (v) $\frac{1}{2}$ Jacket Potato Beans & Sweetcorn Yoghurt Pot
Tuesday	Bacon Carbonara Mixed Veg Garlic Bread Cheesecake	Shepherds Pie Vegetarian Shepherds Pie (v) Peas & Cabbage Angel Delight & Pears	Chicken Tikka Massala Rice & Salad Naan Bread Ice Cream Tub	Meatballs & Pasta Vegetarian Meatballs (v) Mixed Veg Lemon Cupcake
Wednesday	Chilli Con-Carne Rice & Peas Tortilla Chips Toffee Cream Tart	Brunch Lunch Tomato, Bacon, Sausage, Baked Beans & a Hash Brown Vegetarian Option (v) Chocolate Iced Biscuit	Jacket Potatoes Hot & Cold Fillings Carrot Cake	Spicy Chicken Wrap Vegetarian Wrap (v) Potato Wedges Coleslaw & Beans Jelly & Ice Cream
Thursday	Roast Chicken, Stuffing & Gravy Roast Potatoes & Mash Carrots & Peas Fruit Crunch & Ice Cream	Roast Beef & Yorkshire Pudding Roast Potatoes, Mash & Gravy Cauliflower & Sweetcorn Bread & Butter Pudding	Sausage & Yorkshire Pudding Roast Potatoes, Mash & Gravy Suede & Peas Chocolate Sponge & Custard	Roast Pork & Apple Sauce Roast Potatoes, Mash & Gravy Broccoli & Carrots Cornflake Tart & Custard
Friday	Fish Fingers & Chips Cheesy Chips (v) Beans & Sweetcorn Oaty Biscuit	Chicken Nuggets & Chips Cheesy Chips (v) Peas & Sweetcorn Kracolet	Fish Cakes & Chips Cheesy Chips (v) Spaghetti Hoops & Peas Shortbread Biscuit	Salmon Fish Cakes & Chips Cheesy Chips (v) Beans & Coleslaw White Choc Chip Cookie

Jacket Potatoes & a Vegetarian option (v) are available daily and can be ordered by 9.30am each day.

Eastgate Academy Packed Lunch Menu 2021

	Week 1 Weeks commencing: 8/3, 19/4, 17/5, 21/6, 19/7	Week 2 Weeks commencing: 15/3, 26/4, 24/5, 28/6	Week 3 Weeks commencing: 22/3, 3/5, 7/6, 5/7	Week 4 Weeks commencing: 12/4, 10/5, 14/6, 12/7
Monday	Pizza Slice Rainbow Salad Pot Fruit Muffin Satsuma Drink	Sausage Roll Nachos Chocolate Biscuit Apple Drink	Chicken Nuggets Pot of Coleslaw Fruit Muffin Pear Drink	Ham Pizza Slice Cherry Tomatoes Yoghurt Banana Drink
Tuesday	Tuna Sandwich Cucumber Slices Oaty Biscuit Apple Drink	Ham Sandwich Carrot Sticks Biscuit Bag of Grapes Drink	Egg Roll Tortilla Chips Carrot Cake Satsuma Drink	Salami Roll Pot of Sweetcorn Lemon Cupcake Raisins Drink
Wednesday	Chicken Pasta Pot Slice of Garlic Bread Choc Chip Cake Bag of Grapes Drink	Cheese & Tomato Pasta Pot Pot of Salad Biscuit Satsuma Drink	Tuna & Sweetcorn Pasta Pot Cherry Tomatoes Shortbread Biscuit Slice of Watermelon Drink	Sausage Pasta Pot Cheesy Garlic Bread Pot of Jelly Apple Drink
Thursday	Egg Sandwich Cheese & Crackers Fromage Frais Melon Cubes Drink	Tuna Roll Cucumber Slices Yoghurt Pot Pear Drink	Cheese Sandwich Carrots & Red Pepper Chocolate Cake Apple Drink	Cheese Sandwich Pot of Coleslaw Oaty Biscuits Satsuma Drink
Friday	Cheese & Tomato Roll Vegetable Bag Fruit Bag Biscuit Drink	Chicken Sandwich Vegetable Bag Fruit Bag Kracolet Drink	Ham Roll Vegetable Bag Fruit Bag Shortbread Biscuit Drink	Ham Sandwich Vegetable Bag Fruit Bag White Choc Chip Cookie Drink