



**family
hubs**

Parent or carer in West Norfolk?

Need advice or support this summer holidays?

Get in touch with your local family hubs team.

Call: **01553 669651**

Drop In: **Columbia Way, King's Lynn PE30 2LB**

Visit: **norfolk.gov.uk/familyhubs**

Advice and support with:

- health and wellbeing
- mental health
- parenting
- relationships
- activities and groups
- infant feeding
- money and work
- housing
- SEND
- support for dads
- substance misuse
- transition to adulthood

and so much more...

Advice and support for parents and carers of children and young people from conception to 19 (25 for young adults with SEND).





**family
hubs**

Young person in West Norfolk?

Need advice or support this summer holidays?

Get in touch with your local family hubs team.

Call: **01553 669651**

Drop In: **Columbia Way, King's Lynn PE30 2LB**

Visit: **norfolk.gov.uk/familyhubs**

Advice and support with:

- health and wellbeing
- mental health
- relationships
- activities and groups
- housing
- SEND
- substance misuse
- transition to adulthood

and so much more...

Advice and support for parents and carers of children and young people from conception to 19 (25 for young adults with SEND).

