



# ASD Support

Autistic Spectrum Disorder

## ASD Helping Hands...

<https://www.asdhelpinghands.org.uk/>

Supporting families in Norfolk, including self-referrals into the Autism Information and Advice Service.

Tel: 01362 685860

## Autism Anglia...

<https://www.autism-anglia.org.uk/>

Tel: 01206 577678

## Ambitious About Autism...

<https://www.ambitiousaboutautism.org.uk/>

## National Autistic Society...

<https://www.autism.org.uk/>

## Family action....

[Family Action: Supporting families at every age and stage of life](#) - Family Action is a national charity which is working in partnership with local health services to provide support to the families of children awaiting assessment for, or recently diagnosed with, ASD or ADHD.

## Useful Resources...

Norfolk Autism Partnership - What's On? Here you will find a selection of events across Norfolk:

<https://www.norfolkautismpartnership.org.uk/whats-on/>

ASD Helping Hands Behaviour Management Resource Booklet:

[https://mcusercontent.com/7641dc50496668fe0dfe8e-d9a/files/383db7ca-a81d-41a7-882e-db0d7486a1db/Behaviour\\_Management.pdf](https://mcusercontent.com/7641dc50496668fe0dfe8e-d9a/files/383db7ca-a81d-41a7-882e-db0d7486a1db/Behaviour_Management.pdf)

Ambitious About Autism 'Right from the start' Parent Toolkit Download:

[right-from-the-start-toolkit-ambitious-about-autism.pdf](https://www.ambitiousaboutautism.org.uk/right-from-the-start-toolkit-ambitious-about-autism.pdf) ([ambitiousaboutautism.org.uk](https://www.ambitiousaboutautism.org.uk))

## Young Minds – Autism and Mental Health

<https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/autism-and-mental-health/>

## Slice of Advice...

<https://www.facebook.com/groups/sliceofadvice>

Slice of Advice is a closed Facebook group in Norfolk for parents/carers.

W: <https://www.norfolk.gov.uk/norfolk-directory>

Call the SEND and inclusion Support Line on **0333 313 7165** – Their advisor's offer support on how to support children and young people with SEND.